

2009 Rhinebeck Summer Youth Program Registration Camp – Swim Lessons – Swim Team

Registration days are:

Saturday April 25th 9:00am – 12noon

Payment is required at time of registration.

Immunization records are necessary. Parents will be required to complete a camp registration form, which will include a health history portion. Children WILL NOT be permitted to begin the camp program without all paperwork complete.

Residential verification is needed in the form of a driver's license or ID card. Please note: in order to qualify for resident tuition, the family must live within village/town borders. Residency IS NOT determined by your school district, it is determined by where you pay property taxes. Residents of Clinton, Milan, Stanford, Red Hook and Hyde Park pay non-resident fees.

DAY CAMP – Rhinebeck Community Park is the site for the Town's Day Camp program. This program is intended for children who attended Kindergarten through 6th grade in the 2008-2009 school year. Program activities include swimming, sports & games, arts & crafts, music & dance, trips and special events. These programs are inspected and regulated by the Dutchess County Board of Health and run by qualified, well-trained and supervised staff. Programs may be cancelled due to severe weather conditions.

Full Day Sessions

Session I	June 29 – July 3
Session II	July 6 – July 10
Session III	July 13 – July 17
Session IV	July 20 – July 24
Session V	July 27 – July 31
Session VI	August 3 – August 7
Session VII	August 10 – August 14

Weekly Costs

Resident	\$75
Family-Resident	\$150
Non-Resident (individual)	\$150

9AM TO 4PM

Resident	\$30
Family-Resident	\$60
Non-Resident (individual)	\$50

*same Sessions/Dates as Full Day Camp

Rhinebeck Swim Team

The Swim Team is open to children who demonstrate a constant ability to swim the entire length of the pool. Team practice is held at the community pool – starting on weekends only beginning Saturday June 13th through Sunday June 28th.

Starting Monday June 29th, practices will be held Monday through Friday, 8-10AM.

Starting June 30th, practices will also be held Tuesday and Thursday evenings, 6:30-7:30PM. Swim meet schedule will be available at time of registration.

Swim Team Fees

Resident	Resident Family	Non-Resident	Non-Resident Family
\$100	\$200	\$150	\$300

Adult Aqua Aerobics

The 18 class session will be held at the community pool on Tuesday and Thursday evenings beginning June 30th to August 27th.

Fees Weekly

Resident	Non-Resident
\$30	\$40

Adult Masters Program

This program is offered under the instruction of an experienced Swim Coach giving assistance to the individual wanting to improve their strokes and swim ability in lap swimming and competition.

Fees weekly

Resident	Non-Resident
\$20	\$30

Swimming Lessons

Instruction is offered by the Town and is taught by certified Water Safety Instructors. Swim levels are established by the American Red Cross and participants will be evaluated during their first session to make certain of the most appropriate level. Once all skills within a certain level are accomplished, your child will be advanced to the next level. We use an American Red Cross program called Learn-to-Swim that is designed to give students a positive learning experience. Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water.

Level 1: Introduction to water skills: helps students feel comfortable in the water and to enjoy the water safety.

Level 2: Fundamental aquatic skills: gives students success with fundamental skills.

Level 3: Stroke development: builds on the skills in Level 2 by providing additional guided practice.

Level 4: Stroke Improvement: develops confidence in the strokes learned and improve other aquatic skills.

Level 5: Stroke refinement: provides further coordination and refinement of strokes.

Level 6: Refinement of strokes: improve stroke technique

	Resident	Non-Resident
Fees/Session	\$50	\$65
Tiny Tots*	\$40	\$55

*We also offer a "Parent-and-Me" Tiny Tots class for children 6 months to under 4 years of age.

Session I 6/29 – 7/10

9:30-10AM	Levels 5 & 6
11:00AM	Levels 1, 2, 4
11:30AM	Levels 1, 2, 3
12PM	Levels 3, 5, Tiny tots

Session II 7/13 – 7/24

9:30-10AM	Levels 5 & 6
11:00AM	Levels 1, 4, Tiny tots
11:30AM	Levels 2, 3, 5
12PM	Levels 1, 2, 3

Session III 7/27 – 8/7

9:30-10AM	Levels 5 & 6
11:00AM	Levels 1, 2, 3
11:30AM	Levels 2, 4, Tiny tots
12PM	Levels 1, 3, 5